



Monday and Tuesday is going to be extremely hot and then the temperatures will cool on Wednesday. As we embrace the sunshine, it is essential to ensure our children and staff remain comfortable and safe during these hot days. Our uniform is already very practical and suitable for hot weather but on Monday and Tuesday, uniform rules will be further relaxed. Your child is welcome to wear light, loose-fitting clothing that will help keep them cool eg a t-shirt and shorts.

Please remember that, although we are relaxing the uniform, your child should still wear suitable footwear. Flip-flops and open-toed shoes are not permitted for safety reasons, so closed shoes such as trainers are the best option.

Thank you for your understanding and cooperation in keeping our children comfortable during this hot spell.

Here are just some of the strategies in place:

- **Early Window Openings:** We are opening the windows as early as possible in the morning, well before the children arrive. This proactive approach allows the cool morning air to circulate throughout our classrooms.
- **Minimising Electric Lighting:** To further reduce heat generation, we will keep electric lighting to a minimum. Any equipment that is not in use will not be left in standby mode, as this can unnecessarily contribute to the warmth in our learning environment.
- **Fans:** fans will be employed to help cool down spaces during the heat of the day.
- **Hydration is Key:** We are reminding children to drink more water than usual in this hot weather. Staying hydrated is crucial for their health and well-being.
- **Encouraging Shade:** When outside, we encourage children to seek out shade as much as possible. This simple measure can significantly reduce exposure to direct sunlight.
- **Shorter Lunchtime time outside:** Lastly, during extremely hot periods, we will adjust lunchtime routines to ensure that children spend a shorter time outside.
- **Utilising different areas:** The year 2 classrooms and Class 5 in particular are the warmest rooms. At times (particularly in the afternoon) the classes may go into the hall to continue their learning as it is cooler there.

Please continue to help by remembering -

- **Sun Cream:** Please apply sun cream to your child before they come to school, ideally one that lasts all day. If that isn't possible, children can bring a named bottle of suncream to reapply during the day.
- **Sun Hat:** A sun hat is essential to protect their little faces.
- **Water Bottle:** Ensure your child continues to bring a water bottle to stay hydrated.

